

# Take the BITE Out of Summer - Safely!

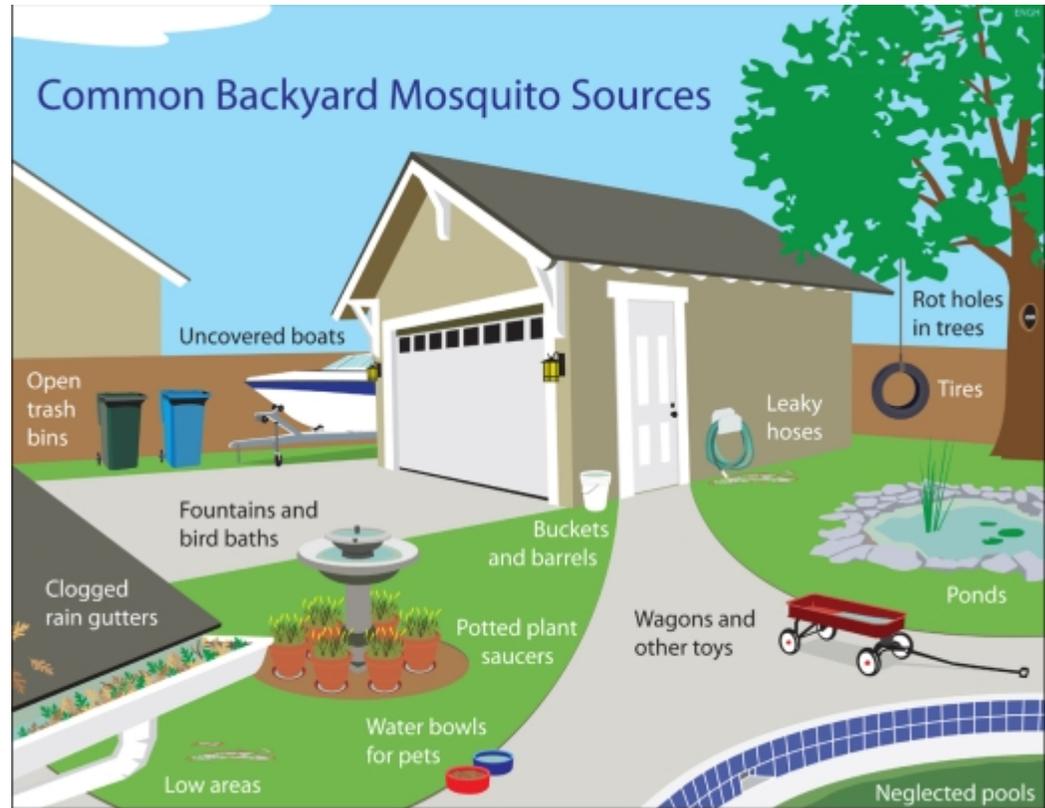


We don't have the Zika Virus (yet), but now is the time Mosquitoes that cause West Nile Virus can breed in standing water as small as a bottle cap. Eliminating standing water breeding sites at home is the best long-term, environmentally friendly solution. Where standing water can't be eliminated, placing Bti "dunks" (available at hardware stores) in standing water pools is an environmentally friendly way to prevent mosquito growth. Keep grass clippings out of the streets that wash into storm sewers and provide a breeding ground for mosquitoes. Search "West Nile Virus Earth Friendly Tips" for EAC info on how you can **FIGHT THE BITE!**



## Check for standing water at these spots at least once a week, especially after rainfall:

Birdbaths · pet water dishes · saucers under flowerpots (empty regularly or fill with sand) · open garbage cans · toys or other materials left outdoors · sheets of plastic, tarps and Jacuzzi covers · gutters clogged with debris or not graded for proper drainage · old tires (take to tire shop to be recycled or drill drainage holes) · litter (eggs can hatch in a pool as small as a bottle cap!), · holes where trees have been removed (fill with soil or turn into a rain garden) · lawn or landscaping depressions · floating debris in ponds · ornamental pools (stock with fish or aerate) · swimming pools (maintain proper chlorine levels year round & make sure filter is operating from May through October)



## To avoid being bitten:

-  Wear light colored clothing, and long sleeves & pants when possible.
-  Repair tears in window screens to keep mosquitoes from sneaking into your home.
-  Stay indoors at sunrise, sunset and early evening when mosquitoes are most active.
-  Use yellow "bug" lights outdoors - they attract fewer mosquitoes (but they are NOT repellents)
-  Carefully use insect repellent effective for mosquitoes with the active ingredients DEET (N,N-diethyl-meta-toluamide), DEET (N,N-diethyl-m-toluamide), Picaridin (KBR 3023), or Oil of Lemon Eucalyptus [active ingredient: p-menthane 3,8-diol (PMD)] following instructions. Where covered, apply to clothing instead of skin.



## For more WNV/Mosquito information:

### Haverford EAC video/fact sheet:

Google search "Haverford EAC" and scroll down to "Mosquitoes and West Nile Virus Prevention"

### DelCo Dept. of Intercommunity Health:

<http://www.co.delaware.pa.us/intercommunity/westnile.html>

### PA WNV Control Program:

<http://www.westnile.state.pa.us/index.html>